

Continual Professional Development

Reaccreditation Coaching Framework



### Continual Professional Development

The Australian Rugby Union coach development, education and training framework has been redesigned to focus heavily of the provision of ongoing, accessible, relevant coach development that provides coach support throughout a coach's career. Although focusing upon education, the ARU coach development framework still provides accreditation following course attendance and the successful completion of all associated pre-course preparation and post course assessment.

The Australian Rugby Union is adopting a Continual Professional Development (CPD) point re - accreditation system that provides coaches with the flexibility to undertake ongoing education specific to their needs and interest. The current accreditation a coach holds will determine the number of CPD accreditation points required to achieve reaccreditation.

All re - accreditation points must be accumulated from events attended and/or tasks undertaken within the previous two years.

## ARU COACH RE - ACCREDITATION FRAMEWORK

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### Re - accreditation across all pathways requires:

- Smart Rugby compliance
- Only events and tasks completed in the past two years counting towards your CPD points
- Continual Professional Development being relevant to the level coaches are coaching
- Self paced, reflective learning

### Required CPD points required for each level of re - accreditation.

- Foundation Coach reaccreditation **(Level 1)** 60 CPD points
- Developing Coach reaccreditation **(Level 2)** 80 CPD points
- Performance Coach reaccreditation **(Level 3)** 100 CPD points

All re - accreditation pathways requirements including relevant documentation can be found inside the Rugby Learning Centre

## ARU COACH LEVEL 1 RE - ACCREDITATION

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To re - accredit for Coach Level 1, learners will need to complete 60 CPD points of learning in the preceding 2 years (counted back from the expiry date of your accreditation).

You can attain 60 CPD points via a combination of 5 mandatory learning modules (worth 25 points); a minimum of 2 online learning modules 2 worth 10 points; and any combination of other CPD learning to make up the balance of 25 points.

**This pathway is specifically designed for coaches working with 13 – 18 year old athletes.**

**Awarded on successful completion of the following learning events:**

**1. All Mandatory (worth 25 CPD Points combined)**

- These learning events will automatically be assigned to you when you enrol in this reaccreditation.
- Smart Rugby (online)
- Foundation Coach Self Reflection Form (self paced assignment)
- ARU Game Management Guidelines (online mid May 2016)
- Community Coaching General Principles (located in this portal under ASC Coach & Official)
- Reaccrediting Coach Exam (online)



**YOUTH  
PARTICIPANTS**

## ARU COACH LEVEL 1 RE - ACCREDITATION

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### **2. Your choice of a minimum of 1 World Rugby Course (worth 5 CPD Points)**

You must enrol in these courses independently and associate them with your reaccreditation when you complete your submission for re - accreditation.

- World Rugby 'Rugby Ready'
- World Rugby Key Factor Analysis
- World Rugby Functional Role Analysis
- World Rugby Strength and Conditioning

### **3. Your choice of a minimum of 1 course from any of the following Australian Sports Commission course categories (worth 5 CPD Points)**

You must enrol in these courses independently and associate them with your re - accreditation when you complete your submission for re - accreditation.

- ASC Community Coach & Official Course
- ASC Play by the Rules
- ASC High Performance

### **4. Your choice of any additional online courses from the groups above or other courses listed in the Learning Centre to make up the remaining 25 CPD Points combined**

You must enrol in these courses independently and associate them with your re - accreditation when you complete your submission for re - accreditation.

### **5. Evidence of regularly coaching rugby games over the past two seasons is worth 10 CPD points**

#### **Course Prerequisite:**

- Coach Level 1 Accreditation (Initial)

#### **Eligibility Rules:**

No younger than 17 years of age at the time of enrolment.

## ARU COACH LEVEL 2 RE - ACCREDITATION

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To re - accredit for Coach Level 2, learners will need to complete **80 CPD points** of learning in the preceding 2 years (counted back from the expiry date of your accreditation). You can attain 80 CPD points via a combination of 5 mandatory learning modules (worth 25 points); a minimum of 2 online learning modules 2 worth 10 points; and any combination of other CPD learning to make up the balance of 45 points.

**This pathway is specifically designed for coaches working with adult and emerging athletes.**



**ADULT  
PARTICIPANTS**

### **Additional Benefits:**

- Enrolment in this pathway, also provides you with free membership of the ARU Coach Association which is to be launched in mid 2016.
- This membership will provide you with access to premium coaching content, including videos, research papers, seminars and discounts.

**Awarded on successful completion of the following learning events:**

### **1. All Mandatory (worth 25 CPD Points combined)**

These learning events will automatically be assigned to you when you enrol in this re - accreditation.

- Smart Rugby (online)
- Developing Coach Self Reflection Form (self paced assignment)
- ARU Game Management Guidelines (online available mid May 2016) print and read
- Community Coaching General Principles (located in this portal under ASC Coach & Official)
- Reaccrediting Coach Exam

### **2. Your choice of a minimum of 1 World Rugby Courses (worth 5 CPD Points)**

You must enrol in these courses independently and associate them with your re – accreditation.

- World Rugby ‘Rugby Ready’
- World Rugby Key Factor Analysis
- World Rugby Functional Role Analysis
- World Rugby Strength and Conditioning

### **3. Your choice of a minimum of 1 course from any of the following Australian Sports Commission course categories (worth 5 CPD Points)**

- ASC Community Coach & Official Course
- ASC Play by the Rules
- ASC High Performance

You must enrol in these courses independently and associate them with your re – accreditation.

### **4. Your choice of any additional online courses from the groups above or other courses listed in the Learning Centre to make up the remaining 45 CPD Points combined**

You must enrol in these courses independently and associate them with your reaccreditation when you complete your submission for reaccreditation.

### **5. Evidence of regularly coaching rugby games over the past two seasons is worth 10 CPD points**

#### **Course Prerequisite:**

Coach Level 2 Accreditation (Initial)

#### **Eligibility Rules:**

No younger than 17 years of age at the time of enrolment.



## ARU COACH LEVEL 3 REACCREDITATION

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To re - accredit for Coach Level 3, learners will need to complete **100 CPD units** via a combination of four mandatory learning modules (worth 20 points total); actively coaching within the last 2 years of re-accreditation (worth 10 points total); a minimum of 1 course from Australian Sports Commission (worth 5 points each); and then any combination of other related CPD learning to make up the balance (of 65 points).

You can have recognition of your learning recognised for courses you've completed up to 2 years prior to your enrolment in the re - accreditation pathway.

**This pathway is specifically designed for coaches working with performance and elite athletes.**

**Awarded on successful completion of the following learning events:**

### **1. Mandatory ARU Courses (worth 20 CPD Points combined)**

These learning modules need to be completed or downloaded as part of the re - accreditation process.

Smart Rugby (pre-requisite for enrolment)

Performance Coach Self Reflection Form (self paced assignment, which assist in ARU HP Coach Profiling)

Game Management Guidelines (print and read)

Reaccrediting Coach Exam (online)

### **2. Actively coaching within a two-year period of re-accreditation (worth 10 CPD Points total)**



**PERFORMANCE  
ATHLETES**

### **3. Any courses from the ASC High Performance online learning portfolio (minimum 5 CPD points)**

You must enrol in these courses independently through the learning centre. We'll associate them with your re-accreditation later.

### **4. Your choice of any other CPD courses listed in the ARU Learning Centre (to make up 65 CPD points combined)**

You must enrol in these courses independently. We'll associate them with your re-accreditation later. These courses include University of Queensland eLearning modules. Coaches can also nominate professional development as part of this process.

#### **Course Prerequisite:**

Coach Level 3 Accreditation (Initial)

Smart Rugby (current)

#### **Eligibility Rules:**

No younger than 17 years of age at the time of enrolment.