

CONCUSSION MANAGEMENT COMPETITION MANAGER CHECKLIST

If a player at a Club has been injured and **suffered a potential head injury or concussion** they **MUST** follow the information detailed in the Australian Rugby Concussion Guidance & Procedure.

It is requirement that all players who suffer a concussion seek the highest level of medical care reasonably available to ensure concussion is managed appropriately.

ADULTS AGED 19 AND OVER – the MINIMUM period before RETURN TO PLAY is 12 days

CHILDREN & ADOLESCENTS AGED 18 AND UNDER – the MINIMUM period before RETURN TO PLAY is 19 days

The checklist actions outlined below are provided to assist the Competition Manager meet their obligations and requirements relating to the Management of Concussion in Australian Rugby.

STEPS	ACTIONS	✓
1	<p>RECORD</p> <ul style="list-style-type: none"> i. review in Rugby Link concussion entries in the case management tab against players in your Competition recorded as concussed as part of post-match tasks. ii. enter the exclusion ‘to’ date based on the age of the player and change status of case to closed. Add any notes in the notes section as required. 	<input type="checkbox"/> <input type="checkbox"/>
2	<p>RECORD</p> <ul style="list-style-type: none"> i. request from Club they present a copy of the completed Australian Rugby Concussion Referral and Return Form. ii. check section 3 has be completed by the medical doctor, and confirmation that they have fully recovered from concussion. iii. approve and record ‘release’ in Rugby Link allowing the player to return to full contact training and play <p>NOTE: failure of the Club to supply a completed Australian Rugby Concussion Referral and Return Form will mean that the player cannot return to full-contact training and/or play. If this occurs, please follow actions in step 3, otherwise process to step 4.</p>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
3	<p>RECORD</p> <ul style="list-style-type: none"> i. extend the exclusion ‘to’ date by another week. ii. request again from Club they present a copy of the completed Australian Rugby Concussion Referral and Return Form. iii. complete steps 2.ii & 2.iii above. <p>Repeat the 3.i & 3.ii above indefinitely upon failure to supply required information.</p>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
4	<p>RECORD</p> <ul style="list-style-type: none"> i. Coming soon Store in the injury case management system the completed Australian Rugby Concussion Referral and Return Form for this player. ii. Close the player concussion injury case. 	<input type="checkbox"/> <input type="checkbox"/>

Detailed guidance on how to manage concussion can be found at <http://www.aru.com.au/concussion>

**As of 18 April 2017*